Top 5 (8!) Survival & Prepping Books

Categories : Books, Recommended Tools & Gear

The books are not ranked in any particular order as they are all excellent in their own way. I would say that the SAS Survival Guide is a must buy! It is very small and it is a must have to take with you in your bug-out-bag or when you are away from home in a survival situation.

*Click on the book images or the book titles down below to read more about the books on Amazon*
SAS Survival Guide 2E (Collins Gem): For any climate, for any situation
The bestselling compact guide on how to survive in the wild, in any climate, on land or at sea. This updated edition contains all the latest techniques on survival training and timeless advice from the foremost expert in survival, Lofty Wiseman. All of it is rooted in the training techniques of the Special Air Service, the world’s most famous elite fighting force, in which Lofty served for 26 years. Using clear line drawings and colour illustrations, and new case studies and survival scenarios, Lofty describes survival techniques for if you find yourself at sea, in the mountains, at the polar icecaps, or in the desert, complete with what to do in a whole range of medical and meteorological emergencies. Whether you are a camper, a hiker, a sailor or simply engaged in general outdoor pursuits, this book could actually save your life.

When All Hell Breaks Loose: Stuff You Need To Survive When Disaster Strikes
Survival expert Cody Lundin's new book, *When All Hell Breaks Loose: Stuff You Need To Survive When Disaster Strikes* is what every family needs to prepare and educate themselves about survival psychology and the skills necessary to negotiate a disaster whether you are at home, in the office, or in your car.

This is not your father's scout manual or a sterile FEMA handout. It entertains as it informs, describing how to maximize a survival mind-set necessary for self-reliance. According to the book, living through an emergency scenario is 90 percent psychology, and 10 percent methodology and gear. Relevant quotes and tips are placed throughout the pages to help readers remember important survival strategies while under stress and anxiety. Lundin also addresses basic first aid and hygiene skills and makes recommendations for survival kit items for the home, office, and car.

A practical guide to all aspects of edible wild plants: finding and identifying them, their seasons of harvest, and their methods of collection and preparation. Each plant is discussed in great detail and accompanied by excellent color photographs. Includes an index, illustrated glossary, bibliography, and harvest calendar. The perfect guide for all experience levels.

- Prepper’s Instruction Manual: 50 Steps to Prepare for any Disaster
If your community was hit with a major disaster, such as an earthquake, flood, hurricane, or radiological release, how would you handle it? Would you be forced to fall into line with hundreds of thousands of others who are so woefully unprepared? Or do you possess the knowledge and supplies to adapt and survive? Do you have a carefully stocked pantry, a method to retrieve and purify water, a source for generating electricity, and the means to protect your family from desperate criminals? In short, are you a prepper?

This book contains fifty of the most important steps that individuals and families can take to prepare for a wide range of disasters. Each step is complete, clearly described, and actionable. Together, they cover every aspect of disaster preparedness, including assessing the threats, making a plan, storing food, shoring up your home, administering first aid, creating a safe room, gathering important papers, learning to shoot, generating electricity, keeping warm, and much more.

Recent events have reminded us that our world is a dangerous place, whether it is a deadly tsunami, a nuclear meltdown, or a stock market collapse. Our lifestyle and even our very existence is forever uncertain. Join the quickly growing community of individuals and families determined to stand ready. Become a prepper!

- Medicine for the Outdoors: The Essential Guide to Emergency Medical Procedures and First Aid, 5e (Medicine for the Outdoors: The Essential Guide to First Aid &)


Since 1986, Medicine for the Outdoors has been hailed as the definitive take-along manual on the subject. Packed with step-by-step instructions, how-to explanations, and practical approaches to outdoor and wilderness emergencies, it tells you the best ways to respond to just about any medical problem when help is miles or days away. Author Paul S. Auerbach, MD, MS, FACEP, FAWM, is recognized as one of the world's leading authorities on wilderness medicine. This 5th edition features major updates to bring you the latest on emerging infectious diseases...the most current drug and dosage information...an increased emphasis on making do with the materials at hand...and much more. Logically organized, easy to reference, and simple to understand, Medicine for the Outdoors may literally save your life. When you're venturing into mountains, deserts, forests, jungles, or out to sea, it belongs in your duffel or backpack!

- Provides the most diverse and comprehensive coverage of medical conditions related to the outdoors.
- Offers logical and complete explanations of every topic.
- Includes numerous drawings and instructions to enhance your understanding of the descriptive material.
- Contains recommendations for injury and illness prevention.
- Features a comprehensive index that helps you locate answers quickly.
- Offers an increased emphasis on making do with the materials at hand (like using a fanny pack as a cervical collar).
- Presents the latest guidance on dangerous infections like methicillin-resistant Staphylococcus aureus (MRSA), avian flu, and West Nile virus.
- Offers current and accurate drug and dosage information via careful updates throughout.
- Provides new safety recommendations on avalanches, forest fires, bear attacks, and more.
- Demonstrates how to apply various bandages and splints with the aid of brand-new drawings.

How to Survive the End of the World as We Know It: Tactics, Techniques, and Technologies for Uncertain Times
With the recent economic crisis, formerly unimaginable scenarios have become terrifyingly real possibilities - learn how to prepare for the worst

Global financial collapse, a terrorist attack, a natural catastrophe - all it takes is one event to disrupt our way of life. We could find ourselves facing myriad serious problems from massive unemployment to a food shortage to an infrastructure failure that cuts off our power or water supply. If something terrible happens, we won't be able to rely on the government or our communities. We'll have to take care of ourselves.

In *How to Survive the End of the World as We Know It*, James Rawles, founder of SurvivalBlog.com, clearly explains everything you need to know to protect yourself and your family in the event of a disaster - from radical currency devaluation to a nuclear threat to a hurricane. Rawles shares essential tactics and techniques for surviving completely on your own, including how much food is enough, how to filter rainwater, how to protect your money, which seeds to buy for your garden, why goats are a smart choice for livestock, and how to secure your home. It's the ultimate guide to total preparedness and self-reliance in a time of need.

*Handbook to Practical Disaster Preparedness for the Family, 2nd Edition*
This handbook will help you to establish a practical disaster preparedness plan for your entire family. The 2ND EDITION has been expanded to include discussions of long-term food storage options, firearm selection and handling, disaster preparedness networks, radiological emergencies, our country’s impending financial collapse, and much more. Steps are also provided to help you prepare for the five deadliest types of natural disasters: earthquakes, tornadoes, hurricanes, floods, and tsunamis. This new larger 8” x 10” format includes easy-to-copy worksheets to help organize your family’s preparedness plans.

Additional information is presented for the elderly, those with children, people with disabilities, pregnant women, and pet owners. Every topic is well researched with over 280 references cited.

*The Prepper's Pocket Guide: 101 Easy Things You Can Do to Ready Your Home for a Disaster*
BE PREPARED

BE SAFE

From California earthquakes and Rocky Mountain wildfires to Midwest floods and Atlantic hurricanes, you can’t escape that inevitable day when catastrophe strikes your home town — but you can be prepared! Offering a simple DIY approach, this book breaks down the vital steps you should take into 101 quick, smart and inexpensive projects:

#6 Make a Master List of Passwords

#16 Calculate How Much Water You Need

#33 Start a Food Storage Plan for $5 a Week

#60 Make a Safe from a Hollowed-out Book

#77 Assemble an Inexpensive First Aid kit

#89 Learn to Cook Without Electricity

#94 Pack a Bug-out Bag