Top 15 Antibiotic Herbs, With A Focus On The Top 4

Categories: Health/Fitness, Homesteading

When you say antibiotic, people automatically think of prescribed drugs from the pharmacy, however an antibiotic is simply any substance which is used to treat infections caused by bacteria and other microorganisms.

Due to overuse and misuse many prescribed antibiotics are becoming less effective as germs are becoming more and more resistant to them. With this in mind, now more than ever we need to consider other avenues for treatment, and as is often the case nature has some alternatives to pharmaceutical drugs. Additionally if you live in a remote location or have limited access to medical care, knowledge of beneficial herbs could be vital.

Common Sense Homesteading have done a post listing the top 15 antibiotic herbs, with additional details of the four most commonly used herbs. This is an interesting introduction to herbal antibiotics and it is well worth a read for anyone wishing to know more.
Top 15 Antibiotic Herbs, Highlighting The Top 4

(Photo from: Common Sense Homesteading)