Sustainable Soap that Grows on Trees

Categories: General Prepping, Growing your Own, Homesteading, Self-Sufficiency

Did you know there is a soap-growing tree! In fact, other plants also produce natural detergent, but today’s focus is on the soapberry or soapnut tree from India, which produces nuts (actually berries) that contain saponins to make soap. These can be bought and stored for the homestead or an emergency situation.

A little bit more about the soapnut (from Wikipedia): Soapnuts have historically been used in folk remedies as a mucolytic agent, emetic, contraceptive, and for treatment of excessive salivation, epilepsy, and to treat chlorosis. While they do exhibit anti-inflammatory and anti-microbial properties, the effectiveness of some of these folk-remedy treatments have not been subject to extensive scientific scrutiny. However, modern scientific medical research has investigated the use of soapnuts in treating migraines.

Picture credit: livereadynow.com