It's scary when your child or baby wakes up at 2am with a rash and other symptoms of illness such as a temperature.

I had meningitis as a young child. I got very ill, but luckily it was diagnosed early and I bounced back quite quickly. As a result of my illness, meningitis is always my main concern when one of the kids is unwell and has an unidentified rash. At 2am it's difficult to remember the meningitis glass test. Is the rash supposed fade or remain the same when I roll the glass over it?

Thankfully, once again, James Hubbard, M.D., M.P.H. (AKA the Survival Doctor) is here to help. Dr Hubbard has created a slide show with photos of 12 common childhood rashes, together with advice on what to do for the serious ones.

The slideshow includes photos and advice for: Hand, Foot, and Mouth Disease (Coxsackie Virus), Eczema, Chickenpox, Scarlet Fever, Molluscum Contagiosum, Allergic Reaction (Hives), Fifth Disease (Slapped Cheek Disease, or Erythema Infectiosum), Heat Rash, Roseola, Diaper Rash With Yeast Infection, Pityriasis Rosea, Petechiae (possible sign of a
serious disease, such as meningitis or sepsis).

**Slideshow: 12 Common Childhood Rashes**

**Just so you know:** The meningitis glass test, you press on the rash with a glass that has a clear bottom. If the rash doesn't fade, seek urgent medical attention.

(Image from: Survival Doctor)