Seeds Explained: Heirloom, Hybrid, GMO (Includes Pros & Cons Of Each)

Categories: Growing your Own

When did choosing and purchasing fruit and vegetable seeds get so complicated?
Years ago seeds were just seeds and you purchased what the store had in stock. These days you have heirloom, hybrid and GMO seeds to chose from...

If you are confused by all the terms, this great infographic from [Dr J Renae Norton](http://knowledgeweighsnothing.com) will help you make the right choice.

(Graphic from: [Eating Disorder Pro](http://knowledgeweighsnothing.com))