Preparing for a Disaster – Effective No-Nonsense Tips to Protect Your Family

Categories : General, General Prepping

As our societies grow and we rely more and more on third party services to keep us safe and sound, the danger of suddenly becoming helpless and endangered increases. While there are literally thousands of ways to prepare for a disaster, you should primarily focus on the fundamental tips designed to protect you and your family. The following tips and techniques were designed by emergency professionals are recommended for all persons in the event of a disaster. Don't wait until the dreaded winter storm forecast or unexpected natural disaster strikes. Spend time today preparing you and your family for the worst, so you may have the best odds in your favour.

Understand the Most Likely Disasters

One of the fundamental levels of preparing for a disaster is knowing what kind of events you'll likely face. Live in the mountains? Then you probably won't have to worry about a tsunami; however, you should concern yourself with landslides, severe weather and health pandemics. The worst mindset you can have is thinking you live in a disaster-free zone. There is no such thing in this world. Review the most likely disaster's for your area and create disaster-specific plans based upon this information.
Establish a Connection Method

What will you do when the cell networks go down? What happens when local telecommunication systems are non-operational? These are only a sample of questions you must ask yourself. It's imperative to consider how you'll connect with your loved ones when a disaster strikes and traditional forms of communication aren't available. Disaster relief organizations suggest confirming an out-of-area emergency contact, as local communications may be down while long-distance communications may still be available. Consider investing in satellite phones and battery operated two-way radios to communicate during the peak of a disaster.

Receive Alerts During a Disaster

While your television and Internet connection may not be available during a major disaster, officials communicate with the general public through a variety of methods. The first step is to sign up for emergency alerts on your cell phone or via an emergency radio – sold at many electronics stores. Communicate with your local officials to uncover their communications plan should a disaster occur. Upon learning this information, adjust your emergency plan to incorporate these methods so you and your family can remain in-the-loop during an emergency.

Prepare Disaster Responses from Multiple Locations

In an ideal world, when a disaster strikes you and all your loved ones are packed safely in your home. However, this may not be the case. When an unexpected disaster occurs and you or your family members are not at home, it's imperative to have a well-developed response plan for these situations. Plan to react from a variety of locations, such as your place of employment or your car. Plan evacuation routes, communication plans and meet-up locations throughout the region with your family. Discuss emergency plans with your children's school or daycare facility to determine how they'll handle communicating with you during a disaster.

Be sure to check out the related post: 5 Top Emergency Preparedness Tips to Keep Your Family Safe