Make Ahead Freezer Breakfast Sandwiches

Categories : Cooking, General

Looks like a MacDonald's egg McMuffin, costs about the same, but that is where the similarities end! These awesome make ahead freezer sandwiches from 'Macheemo' are way healthier, with better quality ingredients, they taste better AND you don't need to head out to pick them up! Less fat, less salt, and made with real cheese!

You can eat these right away (make them to order!), or you can make a batch and freeze them for reheating another day. I am thinking that we should perhaps take things further than just the egg sandwich, why not do some bacon, sausage and some combos too?

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(Photos from: Macheesmo)