What do you get if you combine a paint tin, a toilet roll, a box of matches and some rubbing alcohol? A simple, but very effective, DIY emergency heater/cooker that can be stored indefinitely until required...

These DIY paint tin emergency heaters are cheap to make, costing around $5-6 and they can be recharged/used by simply adding more alcohol. Also you could easily make 2 or 3 in ten minutes, which makes this a nice quick and easy emergency preparedness project to do when time is short. Head over to 'Preparedness Mama' and check out the tutorial.