Make A Cardboard And Duct Tape Solar Oven

Now I'll admit - until I started reading up on them a bit more - I thought solar ovens were a bit of a gimmick, you know, something to do with the kids, or just a fun project that isn't that practical... How wrong I was! On a sunny day these babies rock, I have seen them cooking all manner of foods, I have even seen one bake a loaf of bread!

The tutorial below shows have to make a super quick, super simple solar oven from just a cardboard box, aluminum foil and some duct tape, and even this solar oven managed to get to a temperature of 280 degrees! This is a cardboard box and aluminum foil solar oven; imagine how much a solar oven would be if it was made from higher quality materials! I have read posts saying that 450 degrees is easily achievable. I'll search out a higher quality, more permanent solar cooking tutorial, but in the meantime, have a go making this cardboard box solar oven and see how it goes.

*(Photo from: solaroven via Instrucables)*