Now's the time I start to get excited about garlic and onions. This is because they are two of my favourite vegetables to grow (especially garlic). Just plant them out in the Fall in a position that won't become waterlogged during the winter, and then pretty much all that is required is a little bit of weeding from time to time, and early next summer you'll be enjoying and storing loads of delicious onions and garlic. We find garlic in particular stores very well when dried out. We have stored and used it well over 12 months after harvesting.

I have oversimplified the planting process a bit, so if you're interested in planting and growing some onions or garlic for the first time, head over to 'Old World Garden Farms' and check out their excellent tutorial showing how it's done.

How To Plant Garlic And Onions This Fall

(Image from: Old World Garden Farms)