How To Make Your Own Marshmallows

I think it is safe to say that most of us are experts at roasting marshmallows over campfires and firepits etc, but how many of you have actually had a go at making your own marshmallows from scratch? Why would I want to do this, I hear you ask... Well have you ever read the list of ingredients on a packet of marshmallows? Genetically modified sugar, corn syrup and lots of artificial colorants and preservatives.

You can do better than eating the rubbish from the store, have a go a making these all natural marshmallows, sweetened with honey or maple syrup, with several different varieties to try - cocoa, vanilla, mint, orange, coffee and more. They are also really easy to make! Check out the recipe(s) and follow the instructions on the link below.

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(Photo from: OakleyOriginals)