How To Make The 'Master Tonic' Natural Remedy (Recipe)

The Master Tonic is a natural remedy for all manner of illnesses and infections. It is most commonly used to treat colds and flu, but as it is anti-viral, anti-fungal and anti-bacterial it is useful in the treatment of many common illnesses and viruses. It can also be taken daily to ward off illness and maintain health.

Even though it is a natural remedy, the Master Tonic will knock your socks off! It is powerful, potent stuff, with garlic, horseradish, ginger and pepper amongst the fresh active ingredients. You can make and bottle a batch in one go, as it also stores well, apparently indefinitely. Check out the recipe and tutorial below. A powerful and natural alternative to what you can get at the pharmacy.

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(Photo from: Happy Mothering)