How To Make Paracord Handcuffs

Categories: General Prepping, Self Defense, Urban Survival, Wilderness Survival

A lot of us don't carry handcuffs, or even own any. If you were in an emergency situation and you needed to hold someone either for your family's safety or to immobilize them so you could get away, chances are you will have paracord on you somewhere.

These are actually quite simple to make and I would carry a few ready made in my EDC kit or bug out bag. See how to make these below

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(Picture Credit: cooldog)