How To Make Hardtack

Categories : General Prepping, Urban Survival, Wilderness Survival

Most people have heard of hardtack, but if you haven't, hardtack is a hard bread/cracker survival food that has been made and used by soldiers, explorers and sailors for 100s and 100s of years...

Hardtack is simple and easy to make, nutritious, stores for months, and it tastes ok, if a little bland. These four properties make hardtack a vital survival food to make and know how to make. There are only 3 ingredients in traditional hardtack - flour (wholemeal unprocessed flour is best), salt and water.

Watch the video and see how to make hardtack. I recommend everyone has a go at making some, as you might come to rely on it one day...

(Photo from: Minnesota Historical Society)