How To Grow Your Own Ginger At Home

Categories: General Prepping, Growing your Own, Homesteading, Self-Sufficiency

You can get started using store bought ginger root. And you can easily grow ginger in pots or tubs, so growing ginger indoors is a possibility in cooler climates, so growing this is really cheap.

Ginger’s most well-known medicinal use is as a digestive-aid, to relieve tummy pain, nausea and diarrhea, as well as morning sickness and travel sickness. Plus if you grow your own you know its organic.

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