How To Grow Sweet Potato

Categories : Growing your Own, Homesteading, Self-Sufficiency

We eat lots of sweet potato, I love them baked with loads of hot beef chilli covering them, there’s nothing better on a cold day! Although we eat sweet potatoes, we don’t really have the climate for growing them. For years I have been considering giving them a go and seeing if we could get a crop, but I haven't tried so far... This may well change after having seen this from 'Home Joys'!

I always assumed that you planted a sweet potato in the same way you do with normal potatoes - you just throw one in the ground and a plant grows with loads more potatoes! Whilst I knew sweet potatoes are a completely different family of vegetable, I didn't realize you could sprout them (see photo) and then remove each sprout from the potato, and then each sprout can grow into a whole new plant! If you can grow sweet potatoes where you are, this is definitely worth a try as you could easily get six or more new plants from one potato. Check out the link below for more information on doing this.

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