Some of you are thinking - this sounds interesting, the others are thinking - what is stevia?

Stevia is an easy to grow plant that you can make stevia extract from. Stevia extract is a natural sweetener that is far sweeter than sugar. You can purchase stevia extract in the shops, but why pay for it when you can grow and make it yourself....

With rising food prices and natural disasters, it's not a bad time to start growing your own natural sweetener/sugar alternative. Head over to Common Sense Homesteading and check out their tutorial.

How to Grow Stevia and Make Homemade Stevia Extract