Most preppers keep three sorts of food supplies. One of which, as I do, is to keep larger than normal stocks of ordinary food items with typical two or three year expirations. They simply eat this as they wish, in careful rotation, so that all food is eaten prior to it expiring, and as/when they see specials on these food items, they replenish their supplies at the best prices.

To read the full article on how to get more from your stored food click the link below. It is a valuable read, as food is just continuing to rise, so you have to get more for the buck.

How to Get Ten Times More Value From Your Stored Food

(Picture Credit: codegreenprep.com)