How To Escape From Handcuffs

Categories: General Prepping, Self Defense, Uncategorized, Urban Survival, Wilderness Survival

Firstly, this information is not for people who have done something illegal and have been justifiably and lawfully handcuffed (actually law enforcement and military often use zip ties now anyway). This information is for people who are concerned and want to be prepared in case they become the victim of illegal restraint in SHTF type scenarios. This is a very quick and easy technique to learn and implement, as long as your hands are cuffed in front of you and you have a bobby-pin or paper-clip.

(Photo from: victor Casale)