Kombucha is an effervescent fermentation of sweetened tea. Sometimes referred to as a "mushroom" or "mother", the kombucha culture is actually a symbiotic colony of bacteria and yeast that is amazingly good for your gut health.

Kombucha is easy to make and delicious to drink. If you have never tried kombucha, wow you are in for a treat... It's like nothing else you've ever tried. Kombucha is great fun to try brewing, and once you have a live culture, it's easy to have a constant supply on tap. Check out the link below for more details.
How To Continuous Brew Kombucha

(Image from: Mountain Rose Blog)