

How To Build Your One Year Supply Of Food

Categories : [Food & Water](#), [General Prepping](#), [Homesteading](#), [Self-Sufficiency](#)



If you are new to prepping or just trying to be more prepared, this article will be a good read for you. It has a chart and instructions on how to build a years supply of food.

Storing food for that "just in case" moment in life is not only going to benefit you monetarily but will keep you alive when others have nothing. Click the link below and see what to start storing.

[How To Build Your One Year Supply Of Food](#)

(Picture Credit: provident-living-today.com)