Homemade Yoghurt Made In A Thermos Flask

Categories: Cooking, Homesteading

This is so easy to do, it's crazy that we are not all doing it! Seriously, if you like yoghurt and you haven't tried this, you should give it a go.

As long as you have a wide-mouth Thermos type flash, the only cost is the milk... It's great fun to do with the kids, and you get loads of cheap healthy natural yoghurt for the whole family.

We have been doing this for years. To be honest unlike the tutorial below, we have never added dried milk powder. Just full-fat milk and a few spoons of the last batch of yoghurt and that is it, however our yoghurt is runnier than shop brought yoghurt, so if you like it a bit thicker, adding the milk powder might be the way to go.

If you want to read more about making yoghurt in a Thermos, head over to Once Upon A Baby and check out their tutorial below.
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(Image from Once Upon A Baby)