

Home Remedy For Earwax & Ear Infections

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**Get Rid Of Earwax AND
Treat Ear Infections**

**Very Effective Home Remedy
Made From Just 2 Ingredients**

This home remedy is actually better than some of the over-the-counter solutions you can purchase from the pharmacy; most of the drops for swimmer's ear (mild infection) contain just isopropyl alcohol to dry and wash out the ear, but the home remedy below contains rubbing alcohol and white vinegar. The rubbing alcohol and white vinegar combination in this home remedy work together to break down earwax, dry the ear, fight infection and sooth the pain. The addition of white vinegar makes this home remedy way more effective, as white vinegar is a antimicrobial, or antibiotic and it fights infection, that otherwise might require a prescription antibiotic.

Update: you can also now consider the [hydrogen peroxide home remedy](#) or the [witch hazel treatment](#).

For anything other than a mild to moderate ear infection/trapped water/wax build up, go see your doctor first for a proper diagnosis, as you may require different treatment or stronger prescription antibiotics.

Making And Using This Home Remedy

You will need - some rubbing alcohol, white vinegar and teaspoon.

It couldn't be easier make - mix 1 part white vinegar to 1 part rubbing alcohol.

To use - take one teaspoon (5 milliliters) of the mixture, tilt your head to one side and pour the mixture into your ear. Leave your head tilted for 30-60 seconds and then sit upright and allow the mixture to run out of your ear. Do this twice a day to treat an ear infection and clear out earwax and trapped water.

Note - If you see no signs of improvement after 3 days, I recommend you go see your doctor. Also, this remedy is not recommended for perforated eardrums. If you have perforated your eardrum, there is nothing much that can be done other than to take pain-relief. I know this as I perforated my eardrum last year, it was very painful and took three months to heal.

I am not a doctor or medical expert - I have simply researched this very popular home remedy recipe online to a level that satisfies my own needs. As with all home remedies we post about, I recommend you do further research to be sure you are happy and satisfied before trying the home remedy.

(Image from Wikipedia)