

Home Made Pumpkin Butter Recipe

Categories : [Cooking](#), [General](#)



So further to my earlier Facebook post/rant about my annoyance that pumpkins are only purchased once a year for carving for Halloween (rather than appreciated for the delicious, nutritious and plentiful vegetable they are!), here is something for you to do with the flesh from your caved pumpkin (apologies to everyone who already enjoys and appreciates pumpkins).

This delicious pumpkin butter is full of tasty natural goodness - apple cider, maple syrup, cinnamon and nutmeg. Not only is it delicious, it couldn't be easier to make. Check out the pumpkin butter recipe below and you'll never waste pumpkin again at Halloween time...

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(Photo from: Old World Garden Farms)