I have always said a bandana is a must have item to have in your pack when venturing out into the wilderness. It's also a must have for a bug-out-bag! Check out our previous post: 101 Uses For A Bandana – Survival, Medical, Tactical, Humorous..

This Head for Survival® bandana is an excellent item to consider - it is more expensive than a normal bandana, but it is 100% worth it! The bandana is bright orange (for signalling), 39" x 39" x 52" (triangular), so it can be worn in multiple configurations and it's made out of a durable and quick drying soft-brush polyester, but the main selling point is the fact the bandana is printed with a whole load of basic survival information and instructions...

Survival Information includes: Navigation, Fire Starting, Shelter, Water Collection/Purification, Signaling, Knots and a section on survival priorities. The information provided presumes you have little gear with you, and so relies most heavily on improvised techniques for the topics covered.
If your survival knowledge/skills are lacking, I would highly recommend purchasing a Head for Survival® bandana, as the wealth of survival information and tips printed on it could literally save your ass! I think it is especially important for preppers with little outdoor experience who may have to survive outdoors one day if the SHTF. Check it out below on Amazon for more details and photos.

**Amazon:** [Head for Survival® Bandana](http://knowledgeweighsnothing.com) *(Click here for the new blue version)*