Grandpappy's Homemade Soap Recipe (Made From 3 Natural Ingredients)

Categories : DIY, General Prepping, Homesteading, Wilderness Survival

When you talk about living off-the-grid, wilderness survival and emergency preparedness, etc folks tend to focus on four things - water, fire/heat, shelter and food, and rightly so. Food is the least important but you can argue which is most important of the other three depending on the situation. Most people say water, but if you are in sub-zero conditions fire and shelter are more important than water as hypothermia will kill you before dehydration. You have to focus on what’s going to kill you quickest and work from there.

Anyway I have gone off subject a bit... I would argue that after the four main things you need to
survive, the fifth thing should be hygiene - the ability to stay clean and avoid infection, and for this you need soap! With soap you can wash hands and body, wash clothes and dishes, and clean wounds.

A lot of people are afraid of making soap because of lye, but with some care it's not really dangerous at all. In fact as Grandpappy demonstrates in his excellent tutorial below - you can find everything you need to make soap out in the woods: animal fat, lye made from wood ash, and rainwater. Find out how it's done! There is also a a MS Word downloadable/printable version of the tutorial!

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(Photos from: www.grandpappy.info)