Giant List Of 150+ Herbs Listing The Uses & Benefits

Categories : General Prepping, Health/Fitness, Homesteading

When was the last time you considered a natural herbal cure, rather than just heading to the pharmacy to pick up some medicine or ointment? For tens of thousands of years, all humans had were natural herbal cures and remedies. If the SHTF one day and there is a total collapse etc, these remedies will be all we will have again...

Sure, some serious ailments require specific medicines, but there are so many herbs that have powerful healing and medicinal properties that can help with a whole range of conditions. Below is a huge list of herbs that help with everything from colds, toothache, through to diabetes and arthritis. Have a look and perhaps give one or two a try. Do be mindful that some of these herbs are very potent and can interfere with other medicines. Talk to your doctor first!