Five Dollar Preps (I Need Your Help!)

Categories: General Prepping

I get a lot of emails and messages on Facebook from people asking about budget prepping tips.

Well this one’s over to you guys... I want you to send in your $5 prepping tips and ideas.

Here are some basic categories to help:

- Food supplies
- Water storage
- Non-food supplies
- Medical supplies
- DIY recycling/hacks
You can list multiple items, but each MUST cost less the $5.

PLEASE be as specific as possible ('5 pound bag of rice', rather than just 'some rice' etc)

You can either comment below on this page with your $5 preps, or via the Facebook page on the $5 preps post.

I'll put them all together and add them to this page.