There are two lots of people reading this - one is going 'blah feeding a family of 6 for $400 is easy', and the others are going 'how on earth do you feed a family of six for just $400 a month?'

The things is if you eat low quality food it is easy to feed a family on very little money, but the post below from 'Womanhood With Purpose' explains how Bernadette eats healthily, with lots of fruit, meats and vegetables. The amazing thing is that her $400 a month budget also includes diapers.
and cleaning supplies. Find out how she does it below. I would also add that you could eat healthier and cheaper by also growing some of your own fruit and vegetables too!

**Feed A Family Of 6 For Less Than $400 A Month (Including Diapers!)**

*(Image from: Bernadette Veenstra via Womanhood With Purpose)*