Everything You Need To Know About Storing Fruit & Vegetables

If you are going to battle the weather, bugs and critters to grow your own produce, you really want to ensure you know how to store each type of fruit and vegetable for maximum shelf-life.

There is nothing worse than seeing the satisfaction of successfully growing a crop turning into despair when it spoils before you get a chance to eat it. We made the mistake of not storing our apples correctly right away, as a result we have lost a whole load of them. If you are going to put the effort into growing your own fruit and vegetables, put the effort in and learn how best to store them for maximum shelf-life. The post below explains how to store some of the most commonly grown crops.

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(Photo from: albrightgarden)