Dry Pre-Measured Complete Meals In Jars (just add water and cook!)

Categories : Food & Water, Homesteading, Recipes

What a great idea! Measure out all the dry ingredients for the meals and then store it in jars. When you need one, just pour it out into a pan, add water and cook. How simple and excellent is that...

It offers a nice alternative to simply storing dry foods in bulk. If you mix up some of your storage food like this, you'll have access to a great nutritious meal in minutes. You could have a great moral boosting meal with the minimum of fuss. Certainly beats a quick meal of rice and beans, which is what I would likely come up with, without these great recipes.

Get over to Rainy Day Storage, check out the recipes and show Jennifer some love.

Also for more info on emergency food storage, check out: Emergency Food Storage & Survival