Dental Emergencies If SHTF

Categories: General Prepping, Health/Fitness, Self-Sufficiency
Having good dental hygiene is obviously the best way going into a SHTF situation but if you find yourself falling and losing a tooth or you get an abscess and there is no dentist around, things may get bad, quick.

Luckily for us prepared, there is always alternatives for everything, sometimes not the best, but a lot of the time they work just great. There are great books and DVD's that can be purchased for extra learning and I would recommend purchasing an emergency dental kit to keep in your B.O.B. Click the link below to get some great emergency dentistry advice.

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