Common Kitchen Measurements “Cheat Sheet”

Categories: Cooking, Homesteading
Common Kitchen Measurements

“Cheat Sheet”

1 Gallon:
- 4 quarts
- 8 pints
- 16 cups
- 128 ounces
- 3.8 liters

1 Quart:
- 2 pints
- 4 cups
- 32 ounces
- 0.95 liters

1 Pint:
- 2 cups
- 16 ounces
- 480 milliliters

1 Cup:
- 8 ounces
- 240 milliliters

1/4 Cup:
- 4 tablespoons
- 12 teaspoons
- 2 ounces
- 60 milliliters

1 Tbs:
- 3 teaspoons
- 1/2 fluid ounce
- 15 milliliters
Print this out and pin it to the refrigerator or keep it handy with your cookbooks...Source: onegoodthingbyjillee.com