I received an aggressive email via the website this morning saying that preppers are just paranoid crazy folk who have too much time on their hands... The sender (who will remain nameless) seemed deeply offended by the notion of preppers and of people wanting to be preprepared for something which may or may not happen.

This got me thinking - are we paranoid? Probably a little bit, but who isn't paranoid about something, and what is normal these days anyway? The older I get the more I realise there is no normal, we are all a bit weird in our own ways, but that's ok... But here's the thing, if it makes you feel happier and more confident and secure by being prepared for some emergency which may or may not occur, it is absolutely worth it, even if it is a little paranoid (debatable!). At the very least it keeps us out of mischief!

New York, November 2012

- No heating, no lighting, no cooking.
- No water supply, no food to buy.
- Gas runs out.

- Fema runs out of emergency drinking water.

- Looting of shops and homes widespread.

- Reports of gangs with guns, machetes and baseball bats roaming the streets.

- Police over-stretched and can't cope.

So, are preppers paranoid lunatics? You decide!

*If you have any thoughts or opinions, comment below.*