Its always a good thing to grow your own food. Either to be more frugal and more self sufficient or for an emergency situation. Either way you're going to need a garden right? NO...

I found a great article about 66 foods you can grow in containers, so if you live in an apartment or have a concrete garden this is perfect to get on the self sufficient train and be prepared. Also you also don’t have to worry about the pesticides they might contain, and you definitely cut down on the miles they—and you—have to travel.

Photo Credit: canarsiebk / Flickr