

500+ FREE Canning Recipes (Fruit, Veg, Jams, Jellies, Sauces & More!)

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If you have an abundance of fresh fruit and vegetables, canning is one of the best ways to preserve food so that they can be eaten down the line when fresh foods are more expensive or not available. Canning is also one of the most popular ways for preppers to preserve food for storage in case the SHTF one day... I have just stumbled across the canning section on food.com, I am shocked to say that I did not know that this amazing free canning resource existed...

There are 100s and 100s of canning recipes covering fruit, vegetables, jams, jellies and preserves. There are even recipes for water baths and also recipes for freezing. This is by far the biggest and best free canning resource I am aware of and I highly recommend you check it out.

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(Photo from: [neil alejandro](#))