36 Little Known Facts About Fast Food (Scary reading...)

Categories: Health/Fitness



It is shocking how fast the fast food industry has expanded and how regularly we consume fast food and are subjected and influenced by its advertising.

Here are JUST three shocking facts from the list -

Ronald McDonald has the 2nd most powerful resonance in the advertising marketplace.

In 1970, US\$6 billion was spent on fast food. In 2006, it shot up to US\$142 billion! (It is likely much, much higher today!)

Prices of soft drinks in fast food outlets are marked up by at least 1200%.

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Quick question - there are only two countries in the entire world where you cannot buy Coca Cola, do you know which two? (Number 31 on the list)

Have a read through the full list, it is a shocking eye-opener and it may make you think twice about what, and where, you and your family eat in the future...

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(Photo from: peterkellystudios)

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