27 Medicinal Plants You Can Grow In Your Garden

Categories: Growing your Own, Health/Fitness



Growing your own medicinal plants gives you the ability to make, use and replenish your own natural remedies. Also, many of these plants are also beautiful and deserving of a place in your garden based on appearance alone.

If you are interested in using medicinal plants and natural remedies, growing your own plants makes a lot of sense as it gives you a renewable source of ingredients. It also something preppers should consider, so they have these medicinal plants available should pharmaceutical medicines not be readily available in the future.

If you are interested in growing some medicinal plants, head over to Value Your Body and check out their list of 27 medicinal plants, which also includes the common ailments each plant can help treat.

27 Medicinal Plants Worth Your Garden

(Photo from: Value Your Body)

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