There are so many low cost little things you can do to be that bit more self-sufficient. Living off-the-grid doesn't happen overnight, most people will take lots of small steps over many years to achieve the dream and security of being self-sufficient... You need to change slowly and take time to adapt to your new simpler way of life, without all the modern conveniences you have depended upon for so long.

The post below details 26 steps to being self-sufficient. Print out the list and tick off the steps as you go. Tick off all 26 steps and I would say you'll be all but there! Don't just focus on the destination though, be sure to enjoy the process of becoming self-sufficient and living more off-the-grid.

26 Steps To Being Self-Sufficient & Living Off-The-Grid

(Photo: public domain)