24 Food Storage System Tips That Might Not Have Been Passed Down To You

There are pretty much two kinds of people who stockpile and store food supplies. People who are concerned about rising food prices or a possible lack of money, and those preparing for a SHTF scenario, either manmade or natural. It doesn't really matter why you are stocking up and storing food, but what is important is that you stock up and store the right food in the right way.

You need to balance foods that store well versus your nutritional and enjoyment needs. Our grandparents and great-grandparents were excellent at this balancing trick, often combining it with foods grown and preserved themselves. If you are just getting started storing food for a rainy day, or you need some old world guidance, check out the post below that contains some excellent tips and advice.

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