

17 Homemade Spice Mixes & Recipes

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Pretty much everything homemade tastes better and is healthier than purchasing it ready made from the store... Stores just can't help but throw in additives and preservatives; additives to improve the flavor when they use cheaper ingredients, or less of the main ingredient, and preservatives to increase shelf-life and cut costs. Bread is a good example - at home you use 4/5 ingredients and your loaf will keep for a day or two... Packaged bread from the store often has a dozen or more ingredients and somehow keeps fresh for a week or more!

Spice mixes are no different, they add bulking agents, additives and preservatives. The thing is these spice mixes are the easiest thing in the world to make, and the taste of homemade spice mixes will blow your mind! My wife's taco seasoning mix is the best in the world and it's all natural and healthy. If you want to have a go at making your own spice mixes, head over to 'Keeper Of The Home' via the link below, as they have collected spice mixes and recipes for pretty much every meal and occasion.

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(Photo from: Keeper Of The Home)