17 Foods To Buy Once, And Regrow Forever

Categories : General, Growing your Own

Ok so some of these foods are just for fun and to encourage an interest in growing with the kids etc. However several of these are genuine - purchase - consume - regrow - consume - regrow - consume - regrow -

We have featured the green onions before and they are absolutely awesome. Garlic is also great, buy a bulb, eat all but one clove, replant that clove and you will get a whole new garlic bulb! Another little trick you can try when planting potatoes - rather than planting a whole potato, if it has several sprouts, you can usually cut the potato into pieces and plant each one individually, PROVIDING each piece has a sprout! Check out the link below for 17 tutorials showing how to regrow 17 foods.

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(Image from: Natural Living Ideas)